

Technical guide

1. General information and contacts

Name of the event: TRIADA MTB PĂLTINIȘ

Date: 06.08.2022

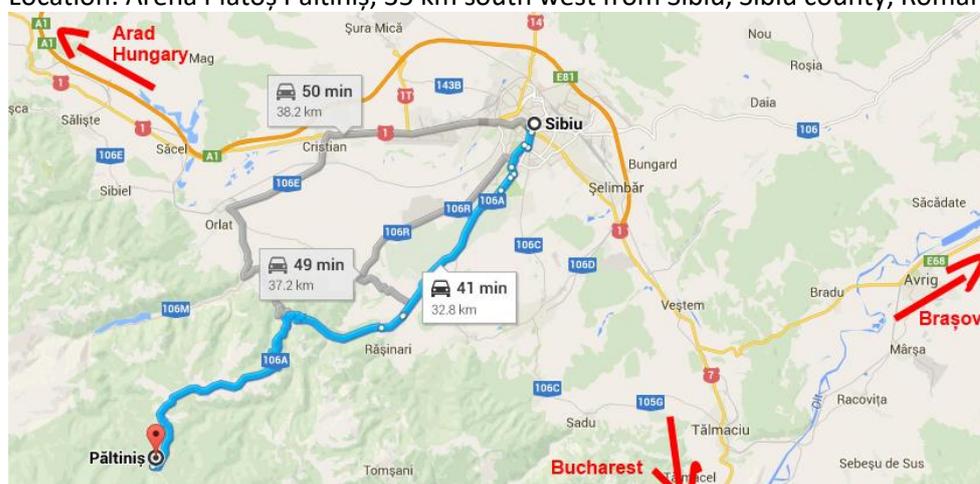
Type/format: Triada MTB Păltiniș is a single day event in the cross country olympic (XCO) format

Class: C1

Categories: Men Elite, aged 19+, Women Elite, aged 19+, Men Juniors, Women Juniors

Organizer: C.S. Pro Cycling, e-mail: info@procycling.ro, tel.: +40.726.34.98.97, www.triadamtbr.ro

Location: Arena Platoș Păltiniș, 35 km south west from Sibiu, Sibiu county, Romania.



2. Regulations, Schedule, Registration

Triada MTB Păltiniș is organized under the rules of UCI and the Romanian Cycling Federation and the specific rules mentioned in this guide.

Prizes and UCI points

Top 5 riders of each category must attend to the awards ceremony.

Prize money will be paid in euro, in cash, at the Race office after the awards ceremony. The amounts will be according to the UCI Financial Obligations.

RANKING	Men/women Elite		Men/Women Junior	
	Prize money	UCI points	Prize money	UCI points
1st	240 €	60	55 €	20
2nd	200 €	40	40 €	18
3rd	160 €	30	35 €	16
4th	120 €	25	30 €	14
5th	100 €	20	25 €	12
6th	80 €	18	20 €	10
7th	60 €	16	16 €	8
8th	50 €	14	12 €	6
9th	40 €	12	10 €	4
10th	20 €	10	8 €	2
11th		8		
12th		6		
13th		4		
14th		2		
15th		1		
total:	1,070 €		251 €	

Race program

05/08/2022

13:00 - 16:00 Numbers pickup

16:00 - 17:00 Official training on the course (only for the UCI categories)

18:00 Team managers meeting

06/08/2022

10:00 Start Junior Men

10:03 Start Junior Women

12:00 Start Elite Men

12:03 Start Elite Women

18:00 Awards ceremony

Registrations

The participants can register online only, using the following options:

- Online through the www.triadmtb.ro website.
- By sending an e-mail to info@proccycling.ro

Online registration closes on the August 1st 2022 at 12:00.

Late registration – not possible!

Entries confirmation and numbers pick up

All participants must pick up their racing numbers from the Race office during the following schedule:

- August 5th 2022 between 13:00 and 16:00

Any rider who will NOT be able to pick up the number within the specified registration hours must notify the organizers in time, who in turn, will inform the Commissaire. Failure to notify may result in penalties at the Commissaires' discretion.

The Race office will be located near the start/finish area from Arena Platoş Păltiniş

Registration fee

Registration fee has different values depending on the payment date:

- until 19.07.2022 – 100 lei (20 euro) for Elite / 75 lei (15 euro) for Juniors
- between 20.07.2022 and 01.08.2022 (12:00) – 150 lei (30 euro) for Elite / 100 lei (20 euro) for Juniors

Team managers meeting

Each team shall designate a Team manager who shall represent the team during Triada MTB Păltiniş and at the team managers meeting. Any contact with the teams will be made through the team manager. Riders racing without a team can represent themselves or can assign a person to represent them. This must be specified during their registration. The Team managers meeting will take place at Arena Platoş Păltiniş, near the start/finish area. In order to be informed about the latest information it is essential for team managers to attend the team managers meeting.

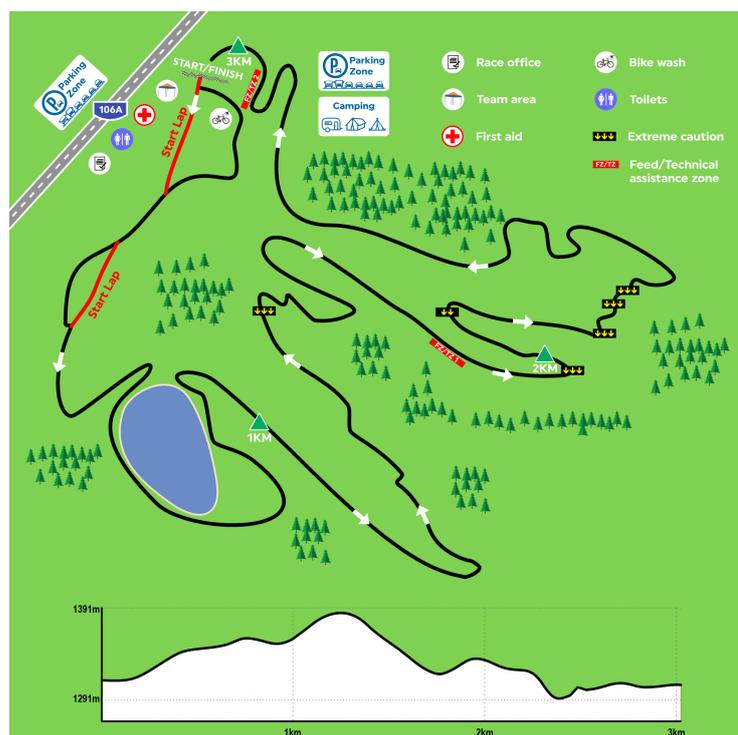
The Team managers meeting will be held on **Friday August 5th 2022 at 18:00** at the Race office.

Race clothing

World Champion, Continental Champions and National Champions in MTB XCO must participate wearing the jersey identifying their title. National team members must participate wearing their National team jersey.

3. Race characteristics

The course is 3.5km long with a total of 180m of climbing per lap. Number of lap for each category will be announced at the Team managers meeting.



Feed/Technical Assistance

Two (2) feed/technical assistance zones.

Technical assistance during the race may consist of repairs or replacement of any part of the bicycle other than the frame. Bike changes are not permitted, and the rider must cross the finishing line with the same handlebar number plate that he / she had at the start. Technical assistance shall only be given in the feed/technical assistance zones. Spare equipment and tools for repairs must be kept in these zones. Repairs and equipment changes can be carried out by the rider himself or with the help of a teammate, team mechanic or neutral technical assistance. Small items such as an inner tube or a small tool may be handed up from the feed/technical assistance zones. All people inside the Feed/Technical assistance zone must have on them in a visible place a Feed/Technical assistance zone pass. People without a pass will be removed from the Feed/Technical assistance zones. Passes will be handed after the Team Managers meeting (1 pass for every 3 riders for each Feed/Technical assistance zone). Technical assistance is permitted outside Feed/Technical assistance zones only between riders who are members of the same UCI ELITE MTB team, UCI MTB team or of the same national team (if riders are registered in the race as part of the National team). Riders may carry tools and spare parts provided that these do not involve any danger to the rider himself or the other competitors. Any changes to UCI regulations regarding feed/technical assistance will be applied to the above.

Timing, results and rankings

The timing will be done by transponders. Results will be available live online and will be printed after each race and posted at the Race office.

The procedure regarding the lapped riders will be communicated at the Team managers meeting.

Team area

All teams are welcome to setup a booth. There is no fee for this, but each team should make a reservation by e-mail. The team area is located next to the start/finish line.

Other races

XCO races for amateurs and youth

Start procedures

A start list for Elite Men and Elite Women will be published on August 5th before the Technical meeting. The start list will be drawn based on the last published UCI individual MTB XCO ranking. Non ranked riders will be placed after the last ranked rider on a first registered basis.

The start will be given by the Start Commissaire using the following procedure: announcements at 3, 2, 1 minutes and 30 seconds before the start, then a final announcement that the start will be given within the next 15 seconds. A starting pistol, whistle or horn will be used to give the start. The Start Commissaire will be in sole control of the public address system from three minutes before the start until the start has been given.

4. Other information

Nearest hospital – 35km from the racing venue

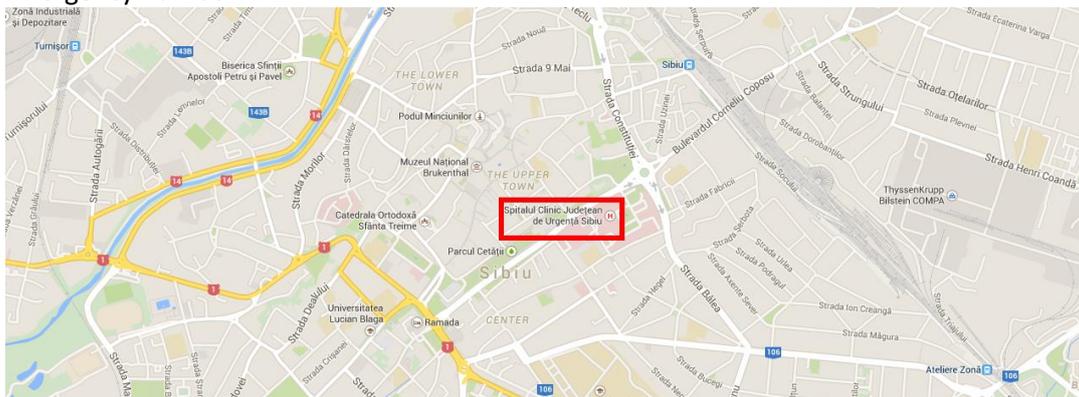
Spitalul Clinic Județean de Urgență Sibiu

Corneliu Coposu Boulevard, nr 2-4

Tel.: +40.269.21.50.50

www.scjs.ro

Emergency number: 112



Nearest airport – 36km from the racing venue

Sibiu International Airport

Sos. Alba-Iulia Nr.73

Tel.: +40.269.25.31.35, +40.269.25.39.84

www.sibiuairport.ro

Accommodation options

Perla Paltinisului T: +40374007722 contact@perla-paltinisului.ro www.perla-paltinisului.ro	Hohe Rinne Paltinis Hotel & Spa T: +40269215000 hoherinne@hoherinne.com www.hoherinne.com
Hotel Cindrel T: +40269574056, 57 hotel.cindrel@yahoo.com www.hotelcindrel.ro	Pensiune Vila Romana Paltinis T: +40740817827 rezervari@vilaromanapaltinis.ro www.vilaromanapaltinis.ro
Hostel Cabana Nora T: +40725038868 www.hostelnora.ro/	Castelul de Piatra T: +40741088072 contact@casteluldepiatra.ro www.casteluldepiatra.ro
Casa Vis Implinit Paltinis T: +40722 228 430; +40731 504 338 www.vis-implinit.ro/ www.visimplinitpaltinis.ro	Vila Creasta Cocosului T: +40758 518 279 contact@creasta-cocosului.ro www.creasta-cocosului.ro
Pensiunea Rafael T: +40 269574100; +40 732 142 300 contact@pensiunea-rafael.ro www.pensiunea-rafael.ro	Pensiunea Alpina T: +40756305958; +40720998662 www.pensiuneaalpina.ro
Pensiunea Victoria T: +40 728 303 852 contact@victoria-paltinis.ro www.victoria-paltinis.ro	Bujorul de Munte T: +40722193055 info@bujoruldemunte.ro www.bujoruldemunte.ro
Raza de Soare T: +40723522210 www.razadesoare.com	Pensiunea Edelweiss T: +40747054062; +407224734 31 www.vila-paltinis-edelweiss.promotur.ro
Vila Fulg de Nea	Cabana Rustic

T: +40742.012.260; +40742012254 www.romania-turistica.ro/Cazare-Paltinis/Casa_de_Vacanta-Fulg-de-Nea	T: +40744120747; +40740066573 www.carta.ro/cazare-paltinis/cabana-rustic
Cabana Roua Tur T: +40744529287 www.carta.ro/cazare-paltinis/cabana-roua-tur	Vila Paltinis T: +40742547770 www.carta.ro/cazare-paltinis/vila-paltinis

Sibiu is one of the most important cultural centres of Romania and was designated the European Capital of Culture for the year 2007, along with the city of Luxembourg. Formerly the centre of the Transylvanian Saxons, the old city of Sibiu was ranked as "Europe's 8th most idyllic place to live" by Forbes.

The city administers the Păltiniș ski resort.

Păltiniș is a mountain resort in Transylvania, Romania, 35 km south-west from Sibiu in the Cindrel Mountains.

It is situated at 1440 m altitude, being the highest resort in Romania. It lies in a conifer forest. It is a popular winter destination and in summer it is sought for its peacefulness. It is well known for its fresh air and for the easily accessible trekking routes.

It was founded by an association – Siebenbuergischer Karpatenverein (S.K.V.) – in 1894 and three villas from that period still exist. Currently there are 4 hotels, 6 chalets and 17 villas and an increasing number of private holiday houses.

At the entrance in the resort, there is a Romanian Orthodox monastery; the place where the Romanian philosopher Constantin Noica spent the last period of his lifetime.

Formally, it is a village administered by the city of Sibiu, although it lies on territory that is not contiguous with the city itself.