

UCI MOUNTAIN BIKE CONTINENTAL SERIES
TRIADA MTB CHEILE GRĂDIȘTEI

30 May 2026

TECHNICAL GUIDE

v.07.05.2026

1. ORGANISATION

1.1. LOCAL ORGANISING COMMITTEE

Race Director	Tudor Oprea	+40 726 348 987
Technical Director	Alex Gârbacea	+40 757 327 881
Team area coordinator	Radu Todorescu	+40 756 017 944
Race office	Ingrid Metz	+40 753 580 726

Event website: www.triadamt.ro

1.2. COMMISSAIRES PANEL

President of the Commissaires Panel (UCI)	Matus Radosa
National Commissaire	Alexandru Mareş
National Commissaire	Iulia Roman
National Commissaire	Nicolae Godan
National Commissaire	Eugen Doroga

2. GENERAL INFORMATION

2.1. VENUE OFFICIAL ADDRESS

Cheile Grădiştei Fundata Resort
507070 Fundata

<https://cheilegradistei.ro/>

GPS: 45.450574, 25.298856

2.2. TRAVEL AND ACCOMMODATION

Travel and accommodation expenses to and from Cheile Grădiştei must be covered by teams and/or participants.

Accommodation – Cheile Grădiştei Fundata Resort is the best and most convenient option.

Contact: cheilegradistei@gmail.com

Airports

Nearest airports: Brasov (GHV): 45 km, approx. 1h

Sibiu (SBZ): 170 km, approx. 3h

Bucharest (OTP): 191 km, between 3h30min. and 5h (depending on the traffic)

Trains

Closest train station – Braşov, at 45km. There is a fast train from Bucharest Airport

<https://www.cfrcalatori.ro/>

Official travel and accommodation contact cheilegradistei@gmail.com

2.3. FACILITIES

- Parking.
- Teams area. Reservations must be made by e-mail to info@procycling.ro before 28.05.2026.
- Toilets – close to the start/finish area.
- Bike wash – close to the start/finish area.
- Shuttle from/to Moeciu Resort
- Gym
- Swimming pool & Spa

Please contact cheilegradistei@gmail.com for further details about the facilities.

2.4. VENUE LAYOUT AND COURSE MAP

Length of the lap: 3.5 km

Climbing: 155m / lap

Start lap length: 2.7 km

The venue layout, map and profile of the course can be found in the appendix at the end of the technical guide.

2.5. MEDICAL – EMERGENCY – LOCAL AUTHORITIES

A team of doctors and paramedics will be present onsite throughout official training sessions and competitions. The medical team will be based near the start/finish area.

Official Race Doctor: dr. Mirela Crețu

Phone: 0742.930.522

Nearest hospitals

Spitalul Dr. Caius Tiberiu Spârchez Zărnești – 25km (aprox. 40 min.)

Strada Policlinicii 12, Zărnești 505800, +40 268 220 309

Spitalul de Urgență Brașov – 46km (aprox. 60 min.)

Calea București 25, Brașov 500326, +40 268 320 022

Emergency ambulance: Phone: **112**

Police: Phone: **112**

Riders' safety on the roads

- After dark you will require a front and back light fitted to your bike.
- Ensure you adhere to all road signs and do not ride on the pedestrian's way; this is illegal and may result in a fine.
- Please make sure you have your ID with you when you are outside the venue.

3. PARTICIPANTS INFORMATION

3.1. REGISTRATION

Registrations will be completed online on <https://triadamtb.ro/en/triada-mtb-cheile-gradistei/#registrations-gradistei>. If you have any troubles, please contact us at info@procycling.ro

Registration will start on March 30.

Last day for online registration: 26.05.2026 at 23:59.

Registration fee:

30.03.2026 – 30.04.2026 ► 150 LEI (30 euro)

01.05.2026 – 26.05.2026 ► 200 LEI (40 euro)

3.2. RACE OFFICE

Cheile Grădiștei - Resort Fundata – near the start/finish area (see appendix)

3.3. CONFIRMATION / LICENSE CHECK

Date: Friday, May 29

Time: 14:00 – 17:00

Location: Race office

Team managers must confirm all starters by presenting their licenses.

3.4. TEAM MANAGERS MEETING

Date: Friday, May 29

Time: 18:00

Location: Conference room under the restaurant

GPS: <https://maps.app.goo.gl/bCdAGufVc2RMSYJz9>

3.5. COMPETITION SCHEDULE

Friday, May 29

- 12:00 – 14:00 Course inspection by UCI and LOC.
- 15:00 – 17:00 Official Training.

Saturday, May 30

- 09:00 – National races followed by the award ceremony.
- 11:00 – Elite Women, U23 Women, Junior Women, followed by the award ceremony.
- 13:00 – U23 Men, Junior Men, followed by the award ceremony.
- 15:00 – Elite Men, followed by the award ceremony.

4. EVENT SPECIFIC REGULATIONS

ARTICLE 1. GENERAL RULES

- 1.1. The competition is organised by A.C.S. Cheile Grădiștei and A.C.S. Pro Cycling.
- 1.2. The event will be organised in accordance with rules of the Union Cycliste Internationale (UCI) and these rules will be the reference for everything that is not mentioned in the current document.
- 1.3. It is listed on the UCI calendar as a UCI Mountain Bike Continental Series event (UCI CS).

ARTICLE 2. COMPETITION FORMAT

Competition is XCO format (Cross Country Olympic)

ARTICLE 3. PARTICIPATION

The event is open to athletes of the Women Junior (WJ), Men Junior (MJ), Women U23 (WU), Men U23 (MU), Women Elite (WE) and Men Elite (ME) categories.

ARTICLE 4. START PROCEDURE

The start procedure will be conducted according to the following UCI MTB Regulations:

- 4.1.030. For Olympic Games, World Championships, World Cup and Continental Championship events and hors class events, the organizer must make provisions for a call-up area which is sufficiently large for riders to warm up in, close to the start zone.*
- 4.1.031. In mass start events, riders must be called to the start no earlier than 20 minutes before the scheduled start of the race. This period can be reduced where the number of riders allows.*

Five minutes before the call-up an announcement must be made over the public address system to inform riders of the fact, and again three minutes beforehand.

The riders line up in the order in which they are to be called to the start line. The number of riders on each line is decided by the President of the commissaires' panel and supervised by a commissaire.

The rider himself decides which position on the line to take.

Once the riders are lined up, warm-up (by rollers, turbo trainer etc.) is excluded inside or outside the start area.

The start is given by the commissaire using the following the procedure: warnings at 3, 2, 1 minutes and 30 seconds before the start, then a final announcement that the start is given within the next 15 seconds.

A starting pistol or start lights, if none is available, a whistle will be used to give the start.

4.1.033. The start briefing will be given in at least one of the official languages of the UCI.

ARTICLE 5. TECHNICAL ASSISTANCE

One feed/technical assistance zone and one technical zone will be organized.

The location of the feed/technical assistance zones is shown in the official race map. Feed/technical assistance zone passes will be distributed immediately after the Team Managers meeting.

The following UCI Regulations will be applicable:

4.2.044. No rider may turn back on the course to reach a feed/technical assistance zone. Any rider doing so is disqualified. Only within the feed/technical assistance zone itself, a rider may turn back without obstructing other competitors.

4.2.045. Technical assistance during a race is permitted subject to the conditions below.

4.2.046. Authorized technical assistance during a race consists of repairs to or thereplacement of any part of the bicycle other than the frame.

Bike changes are not permitted, and the rider must cross the finishing line with the same handlebar number plate that he/she had at the start.

4.2.047. Technical assistance can only be given in the feed/technical assistance zones.

4.2.048. Spare equipment and tools for repairs must be kept in these zones. Repairs and equipment changes can be carried out by the rider himself or with the help of a teammate, team mechanic or neutral technical assistance.

4.2.049. In addition to technical assistance in feed zones, technical assistance is permitted outside these zones only between riders who are members of the same UCI MTB WORLD SERIES team, UCI MTB team or of the same national team.

Riders may carry tools and spare parts if these do not involve any danger to the rider himself or the other competitors.

ARTICLE 6. RACE TIME

According to the UCI regulations. The number of laps will be communicated during the team managers meeting.

Time keeping: timing will be performed by a specialized company using a CIP system from WinningTime.

ARTICLE 7. AWARDS CEREMONY

The 3 best riders of each category **must** attend the official awards ceremony.

Prize money list (Euro):

RANKING	Men & Women Elite	Men & Women U23	Men & Women Junior
1	€ 400	€ 200	€ 96
2	€ 320	€ 160	€ 80
3	€ 240	€ 120	€ 60
4	€ 200	€ 100	€ 48
5	€ 160	€ 80	€ 40
6	€ 120	€ 60	€ 32
7	€ 80	€ 40	€ 20
8	€ 64	€ 32	€ 16
9	€ 48	€ 24	
10	€ 32	€ 16	
TOTAL	€ 1,664	€ 832	€ 392
TOTAL M&W	€ 3,328	€ 1,664	€ 784

UCI points scale

RANKING	Men & Women Elite	Men & Women U23	Men & Women Junior
1	100	60	20
2	80	40	18
3	60	30	16
4	50	25	14
5	40	20	12
6	35	18	10
7	30	16	8
8	27	14	6
9	24	12	4
10	22	10	2
11	20	8	
12	18	6	
13	16	4	
14	14	2	
15	12	1	
16	10		
17	9		
18	8		
19	7		
20	6		
21	5		
22	4		
23	3		
24	2		
25	1		

ARTICLE 9. ANTIDOPING

The UCI antidoping regulations are entirely applicable to the event.

ARTICLE 10. PENALTIES

The UCI penalty scale is the only one applicable.

ARTICLE 11. RESPONSABILITIES



The organizer will not, under any circumstances, be liable to any accidents or damage that occurs during training and competitions.

The organizer declines all responsibilities towards the riders and others in case of an accident.

For all cases not covered by these specific regulations, the UCI rules will apply. Any problems will be solved between the organizer and the Commissaires Panel.

APPENDIX 1

