

# **TRIADA MTB AVRIG**

**UCI C2**

**MOUNTAIN BIKE XCM ROMANIAN CUP**

**Round 1**

**12 april 2025**

# **TECHNICAL GUIDE**

v.18.03.2025

## 1. ORGANIZATION

### 1.1. LOCAL ORGANIZING COMMITTEE

Race director	Tudor Oprea	+40 726 348 987
Technical director	Cornel Surdu	
Start Area Coordinator	Vasile Popențiu	
Race office	Ingrid Metz	

Event website [www.triadamtb.ro](http://www.triadamtb.ro)

### 1.2. COMISSAIRE PANEL

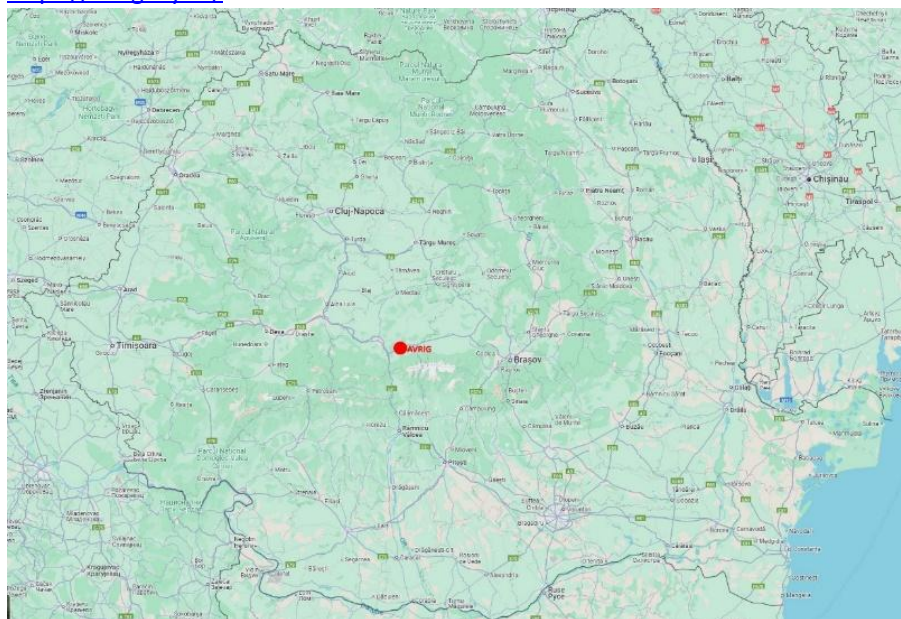
President of the Commissaires Panel (UCI)	Thomas Mittas
National Commissaire	Alexandru Mareș
National Commissaire	tbc

## 2. GENERAL INFORMATION

### 2.1. VENUE

The start and finish are in the city center of Avrig.

<https://avrigcity.ro/>



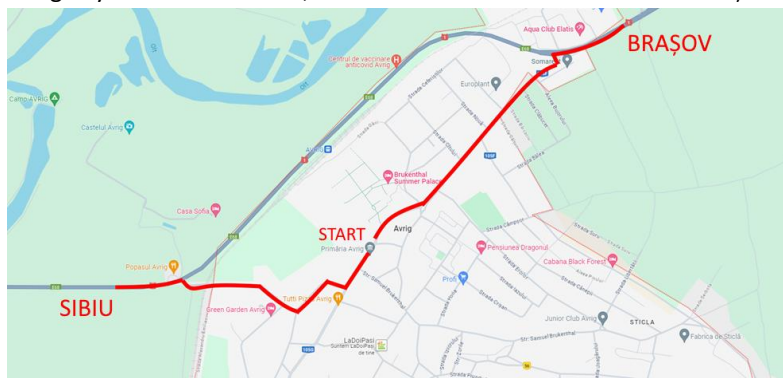
### 2.2. TRANSPORT, ACCOMMODATION, MEALS

Transport, accommodation, and meals for teams are the responsibility of the clubs and/or participants.

## HOW TO GET THERE

### By car

Avrig city is located on DN1, 26 km from Sibiu and 115 km from Braşov.



### Airports

Nearest airport: Sibiu (SBZ)  
40km from Avrig via DN1 and A1 or 30km via DN1

### Trains

Nearest train station: Avrig.

<https://www.cfrcalatori.ro/>

## TEAM AREA RESERVATIONS

Reservations for the team area can be made via email at [info@procycling.ro](mailto:info@procycling.ro)

### 2.3. FACILITIES

- Parking reserved for participants is on Gheorghe Lazăr Street, near the start area. Parking in this area must follow the organizer's instructions. When this car park is full participants can park on adjacent streets, respecting traffic signs.
- Team Area: Teams wishing to set up stands are requested to send an email to [info@procycling.ro](mailto:info@procycling.ro) by April 9, 2025. The allocated space for a team stand is a maximum of 6m x 3m.
- Camping: the nearest organized camping site is Complex Brânduşa, 8 km from the start.
- Bike Wash: The bike wash area is in the courtyard of Avrig City Hall (map Appendix 2).
- Toilets: Toilets for participants are located at the Race Office (map Appendix 2).

### 2.4. FIRST AID, LOCAL AUTHORITIES

An ambulance with a doctor and two Mountain Rescue teams will be present during the competition.

#### The nearest hospital:

- Spitalul Clinic Judeţean de Urgenţă Sibiu  
Blvd. Corneliu Coposu, nr 2-4, Tel.: +40.269.21.50.50, [www.scjs.ro](http://www.scjs.ro)

Avrig City Police, Avrig Local Police, and Sibiu County Gendarmerie Department will supervise and assist if needed.

**Emergency number – 112**

### 3. INFORMATION FOR PARTICIPANTS

#### 3.1. REGISTRATIONS

Participants can register online only, using the following options:

- Through the [www.triadamt.ro](http://www.triadamt.ro) website.
- By sending an e-mail to [info@procycling.ro](mailto:info@procycling.ro)

Online registration closes on the April 8<sup>th</sup> 2025 at 23:59. Late registration is not possible!

Race numbers and kits can be picked up on April 11 and 12 from the Race Office according to the schedule. All athletes registered with the UCI must present their license in physical or electronic format when picking up their numbers.

Any rider who will NOT be able to pick up the number within the specified hours must notify the organizers in time, who in turn, will inform the Commissaire. Failure to notify may result in penalties at the Commissaires' discretion.

*The organizer may refuse participation to any athlete whose presence could harm the image or reputation of the organizer or the event.*

Registration fee – should be paid during the online registration by card or bank transfer. For special cases, and agreed with the organizer in advance, registration fee can be paid at numbers pickup.

20.01.2025 – 14.02.2025 ► 75 lei (15 euro)

15.02.2025 – 14.03.2025 ► 100 lei (20 euro)

15.03.2025 – 08.04.2025 ► 150 lei (30 euro)

#### 3.2. RACE OFFICE

Avrig Cultural Hall, str. Gheorghe Lazăr, nr. 10, near the start/finish area (map Appendix 2).

#### 3.3. CONFIRMATIONS / NUMBERS PICKUP

Friday 11 April 15:00 – 17:30

Saturday 12 April 09:00 – 10:00

Race office / Avrig Cultural Hall

#### 3.4. TEAM MANAGER'S MEETING

Date: **Friday 11 April**

Time: **18:00**

Location: **Race office / Avrig Cultural Hall** (map Appendix 2).

#### 3.5. COURSE

Length – 68 km

Climbing – approx. 1.400m

Map and profile – Appendix 1

Track in gpx format can be downloaded from the following link: <https://triadamt.ro/triada-mtb-avrig/#trasee>

Special warnings regarding the course:

1. For safety reasons, there will be 3 cut-off times on the course. Competitors who do not reach these points on time will be stopped from the race and directed on a safe route to the finish. The time limits are 13:15 at km 23, 14:00 at km 38, and 15:00 at km 50.
2. The section between km 39 and km 41 is done again between km 60 and 62. Be careful when exiting this section – at the first passage, turn right, and at the second passage, go straight. The intersection will be properly marked.

**Feed/Technical Assistance**: there will be 4 feed zones on the course at km 23, 34, 50, and 58.

Access information for the teams:

**FZ/TZ 1 (km 23)** - DN1, [Poiana Bradului](#). Distance from the start start – 7km, asphalt.

Directions: take National Road 1 (DN 1) from Avrig towards Sibiu for about 7km. When you see Restaurant Poiana Bradului on the right, turn left and go back parallel to the road for 100m.

GPS coordinates: [45.708064](#), [24.299757](#)

**FZ/TZ 2 (km 34)** – [Racovița Dam](#). Distance from the start – 8.5 km, asphalt.

Directions: take DJ105G towards Tâlmăciu. The second feed zone is on the right side of the road, before entering the dam over the Olt River.

GPS coordinates: [45.684190](#), [24.321702](#)

**FZ/TZ3 (km 50)** – [Pepinieră](#). Distance from the start – 11km, asphalt and forestry road.

Directions: take DJ105F from Avrig towards Poiana Neamțului. After about 10km, turn right from the asphalt road and go up 1 km on the forestry road to the third feed zone.

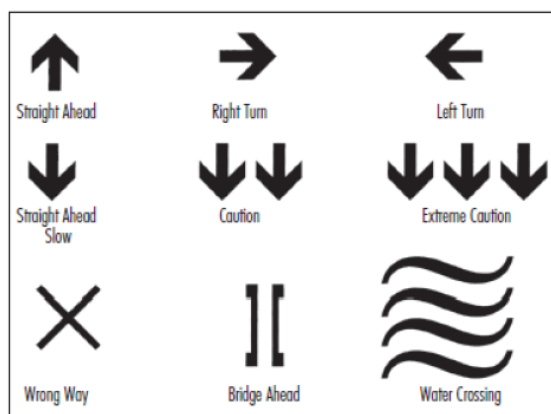
GPS coordinates: [45.662943](#), [24.435347](#)

**FZ/TZ4 (km 58)** – [Mârșa Plant](#). Distance from the start – 6.5 km, asphalt and concrete road.

Directions: take DJ105G from Avrig towards Tâlmăciu. After about 3km, turn left towards Mârșa. Continue straight on a wide concrete road to the base of the forest at the fourth feed zone.

GPS coordinates: [45.684198](#), [24.386077](#)

### Sings used on the course



Additionally, the course will be marked with tape, blue spray on stones and roots, and orange flags on open field areas.

### 3.6. COMPETITION SCHEDULE

<b>Friday, 11 April</b>	
15:00 – 17:30	Numbers pickup
18:00	<b>Team managers meeting</b>

<b>Saturday, 12 April</b>	
09:00 – 10:00	Numbers pickup (all races)
10:50	<b>Call up UCI C2</b>
11:00	<b>Start BLACK course (UCI C2) and RED course</b>
16:30	Awards ceremony

## 4. SPECIFIC RACE REGULATIONS

### ARTICLE 1. GENERAL RULES

- 1.1. The competition is organized by A.C.S. Pro Cycling.
- 1.2. The competition is registered as C2 category in the UCI calendar.
- 1.3. The event will be organized in accordance with the UCI rules and these rules will be the reference for anything not mentioned in this technical guide.
- 1.4. Only riders holding a UCI license valid for 2025 can register and participate in the UCI C2 race.

### ARTICLE 2. COMPETITION FORMAT

The competition is XCM (Cross Country Marathon) format. At the same time XCP (Cross Country Point to Point) and eMTB competitions will also take place.

### ARTICLE 3. PARTICIPATION

For the UCI C2 race 2 categories of riders can participate:

- Elite Men
- Elite Women

#### **ARTICLE 4. START PROCEDURE**

The call up will be made according to the UCI Marathon ranking.

The start will be neutralized for the first 2 km. After crossing the railway at km 2, the start will be done “on the fly” at the sight of the green flag.

#### **ARTICLE 5. TECHNICAL ASSISTANCE**

The following UCI rules will apply:

##### ***UCI REGULATIONS***

*4.2.044. No athlete may return on the course to reach a feeding/technical assistance zone. Any athlete who does so is disqualified. Only within the feeding/technical assistance zone may an athlete return without obstructing other competitors.*

*4.2.045. Technical assistance during a race is only permitted under the conditions below.*

*4.2.046. Authorized technical assistance during a race consists of repairs or replacement of any bicycle component other than the frame.*

*Changing the bicycle is not allowed, and the athlete must cross the finish line with the same number on the handlebar as at the start.*

*4.2.047. Technical assistance may only be provided in the feeding/technical assistance zones.*

*4.2.048. Spare equipment and repair tools must be kept in these zones. Repairs can be carried out by the athlete themselves or with the help of a teammate, team mechanic, or neutral assistance team member.*

*4.2.049. In addition to technical assistance in designated zones, technical assistance is permitted outside these zones only between athletes who are members of the same team. Athletes may carry tools and spare parts provided they do not pose any danger to themselves or other competitors.*

#### **ARTICLE 6. AWARD CEREMONY**

Athletes placed in the top 3 of each category are required to participate in the award ceremonies.

#### **ARTICLE 8. PROTESTS**

Any competitor who feels they have been prejudiced by any action/decision during the race may file a protest addressed to the race jury after they have crossed the finish line. The protest must be submitted by a club representative, who must present the protest in writing, sign it, and submit it to the PCP within at least 15 minutes of finishing the race, along with a fee of 300 lei, according to FRC current financial regulations. The fee will be refunded if the protest is upheld.

Protests regarding the results must be made in writing, signed, and submitted within at least 15 minutes from the publication of the results, along with a fee of 300 lei, according to FRC current financial regulations. The fee will be refunded if the protest is upheld.

If a protest is made by one of the top five ranked competitors, the award ceremony will be postponed until a decision is made.

The race jury's decisions regarding the interpretation of technical regulations requiring disciplinary measures and any protests received in accordance with the above will be final.

#### **ARTICLE 9. ANTI-DOPING**

UCI anti-doping regulations are fully applicable to the event. Anti-doping tests will take place at the Anti-Doping Station located near the start/finish area.

#### **ARTICLE 10. PENALTIES**

The list of penalties from the UCI regulations is the only one applicable.

#### **ARTICOLUL 11. RESPONSABILITIES**

The organizers will not, under any circumstances, be liable for accidents or damages that may occur during training and competitions. The organizers all liability towards riders and third parties in the event of an accident.

For all cases not covered by these specific regulations, the UCI rules will apply. Any issues will be resolved between the organizers and the commissaires.

#### **Contact**

A.C.S. Pro Cycling

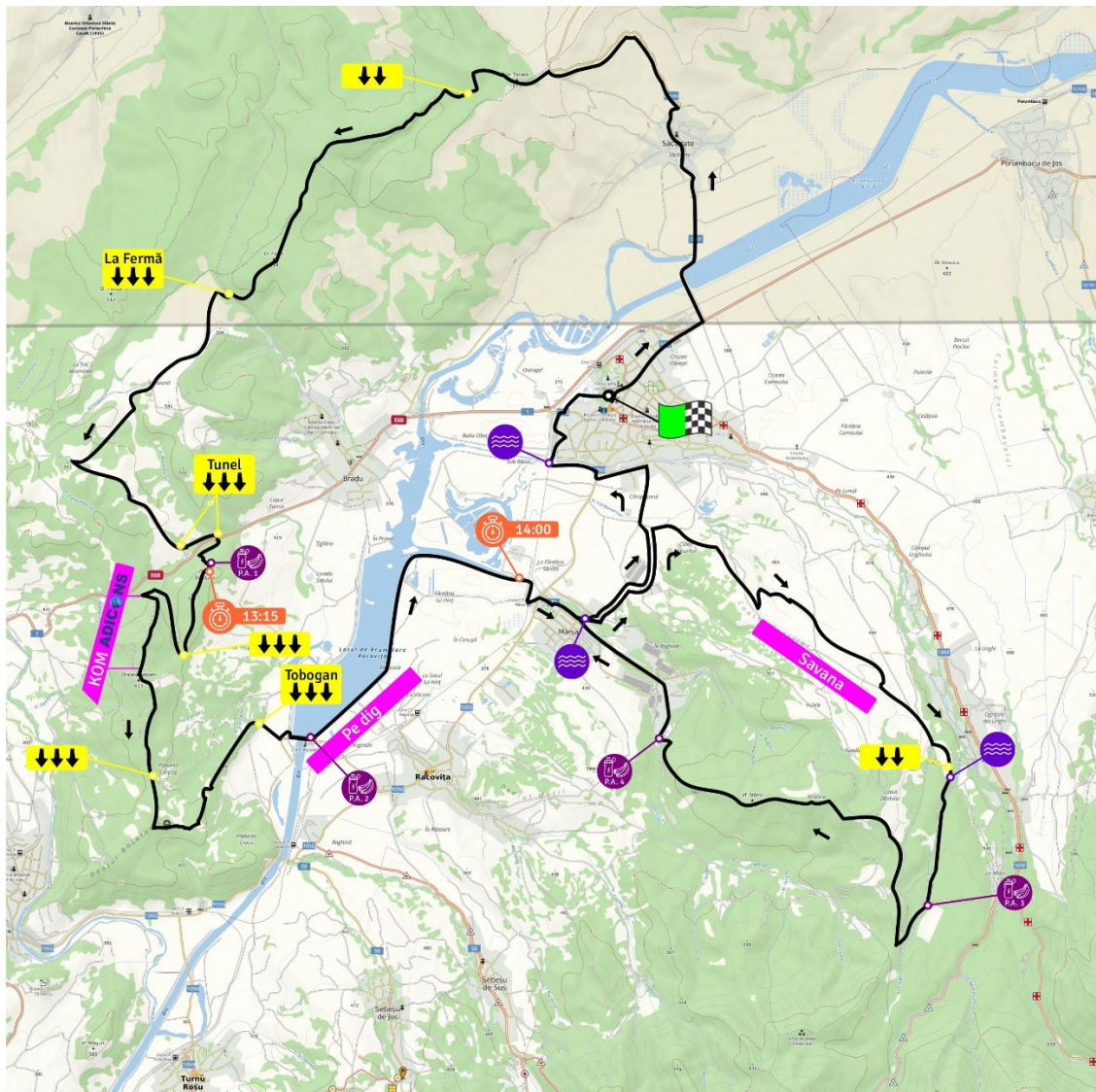
[info@procycling.ro](mailto:info@procycling.ro)

0726.349.897 – Tudor Oprea



**APPENDIX 1**

**Course map and profile**





**APPENDIX 2**

**Start / Finish Area**

