



Păltiniș – Sibiu – Romania

July 18 2020

## Technical guide

### 1. Type/format of the event

Triada MTB Păltiniș is a single day event in the cross country olympic (XCO) format.

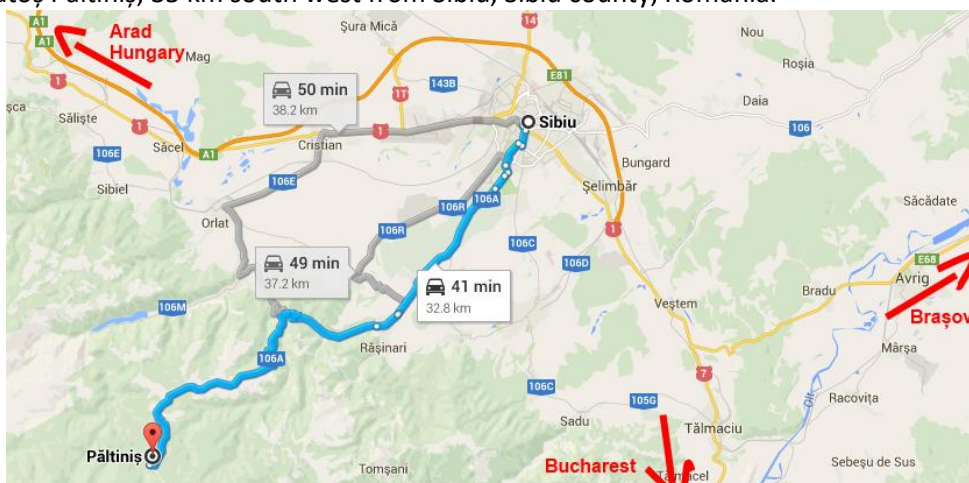


## 2. Rules

Triada MTB Păltiniș is organized under the rules of UCI and the Romanian Cycling Federation and the specific rules mentioned in this guide.

## 3. Location

Arena Platoș Păltiniș, 35 km south west from Sibiu, Sibiu county, Romania.



## 4. Categories

The following UCI categories can participate in Triada MTB Păltiniș race:

- Men Elite, aged 19+
- Women Elite, aged 19+
- Men Juniors
- Women Juniors

Other races:

- XCO races for amateurs and youth

## 5. Registrations

Do to the Covid19 situation please try as much as possible to use the online registration methods.

The participants can register using the following options:

- Online through the [www.triadamtb.ro](http://www.triadamtb.ro) website.
- By sending an e-mail to [info@proccycling.ro](mailto:info@proccycling.ro)

Online registration closes on the 16th July 2020 at 20:00.

## 6. Entries confirmation and numbers pick up

All participants must pick up their racing numbers from the Race office during the following schedule:

- July 17<sup>th</sup> 2020: 10:00 - 13:00 and 14:00 - 16:00

Any rider who will NOT be able to pick up the number within the specified registration hours must notify the organizers in time, who in turn, will inform the Commissaire. Failure to notify may result in penalties at the Commissaires' discretion.

The Race office will be located near the start/finish area from Arena Platoş Păltiniş.

## **7. Registration fee**

Registration fee has different values depending on the payment date:

- until 16.06.2020 – 60 lei (15 euro) for Elite / 40 lei (10 euro) for Juniors
- between 17.06.2020 and 16.07.2020 – 90 lei (20 euro) for Elite / 60 lei (15 euro) for Juniors
- late registration (17.07.2020 at the Race office) – 120 lei (25 euro) for Elite / 90 lei (20 euro) for Juniors

Payments at the Race office can be made only cash in lei or euro.

## **8. Start procedures**

A start list for Elite Men and Elite Women will be published on July 17<sup>th</sup> before the Technical meeting. The start will be drawn based on the last published UCI individual MTB XCO ranking. Non ranked riders will be placed after the last ranked rider on a first registered basis.

The start will be given by the Start Commissaire using the following procedure: announcements at 3, 2, 1 minutes and 30 seconds before the start, then a final announcement that the start will be given within the next 15 seconds. A starting pistol, whistle or horn will be used to give the start. The Start Commissaire will be in sole control of the public address system from three minutes before the start until the start has been given.

## **9. Feed/Technical Assistance**

Two (2) feed/technical assistance zones.

Technical assistance during the race may consist of repairs or replacement of any part of the bicycle other than the frame. Bike changes are not permitted, and the rider must cross the finishing line with the same handlebar number plate that he / she had at the start. Technical assistance shall only be given in the feed/technical assistance zones. Spare equipment and tools for repairs must be kept in these zones. Repairs and equipment changes can be carried out by the rider himself or with the help of a teammate, team mechanic or neutral technical assistance. Small items such as an inner tube or a small tool may be handed up from the feed/technical assistance zones. All people inside the Feed/Technical assistance zone must have on them in a visible place a Feed/Technical assistance zone pass. People without a pass will be removed from the Feed/Technical assistance zones. Passes will be handed after the Team Managers meeting (1 pass for every 3 riders for each Feed/Technical assistance zone). Technical assistance is permitted outside Feed/Technical assistance zones only between riders who are members of the same UCI ELITE MTB team, UCI MTB team or of the same national team (if riders are registered in the race as part of the National team). Riders may carry tools and spare parts provided that these do not involve any danger to the rider

himself or the other competitors. Any changes to UCI regulations regarding feed/technical assistance will be applied to the above.

#### **10. Team managers meeting**

Each team shall designate a Team manager who shall represent the team during Triada MTB Păltiniș and at the team managers meeting. Any contact with the teams will be made through the team manager. Riders racing without a team can represent themselves or can assign a person to represent them. This must be specified during their registration. The Team managers meeting will take place at Arena Platoș Păltiniș, near the start/finish area. In order to be informed about the latest information it is essential for team managers to attend the team managers meeting.

The Team managers meeting will be held on **Friday July 17<sup>th</sup>** at **18:00** at the Race office.

#### **11. Timing, results and rankings**

The timing will be done by transponders. Results will be available live online and will be printed after the stage and posted at the Race office.

The procedure regarding the lapped riders will be communicated at the Team managers meeting.

#### **12. Prizes and UCI points**

Top 5 riders of each category must attend to the awards ceremony.

Prize money will be paid in euro, in cash, at the Race office after the awards ceremony.

<b>RANKING</b>	<b>Men/women Elite</b>		<b>Men/Women Junior</b>	
	<b>Prize money</b>	<b>UCI points</b>	<b>Prize money</b>	<b>UCI points</b>
1st	240 €	60	55 €	20
2nd	200 €	40	40 €	18
3rd	160 €	30	35 €	16
4th	120 €	25	30 €	14
5th	100 €	20	25 €	12
6th	80 €	18	20 €	10
7th	60 €	16	16 €	8
8th	50 €	14	12 €	6
9th	40 €	12	10 €	4
10th	20 €	10	8 €	2
11th		8		
12th		6		
13th		4		
14th		2		
15th		1		
<b>total:</b>	<b>1,070 €</b>		<b>251 €</b>	

### 13. Race clothing

World Champion, Continental Champions and National Champions in MTB XCO must participate wearing the jersey identifying their title. National team members must participate wearing their National team jersey.

### 14. Schedule

17/07/2020

10:00 - 13:00 Numbers pickup and late registrations  
14:00 - 16:00 Numbers pickup and late registrations  
15:00 - 17:00 Official training on the course  
18:00 Team managers meeting

18/07/2020

10:00 - 13:00 National races  
13:30 Start XCO Junior Men and Junior Women  
15:15 Start XCO Elite Men  
15:18 Start XCO Elite Women  
17:30 Awards ceremony

### 15. Other info

Nearest hospital

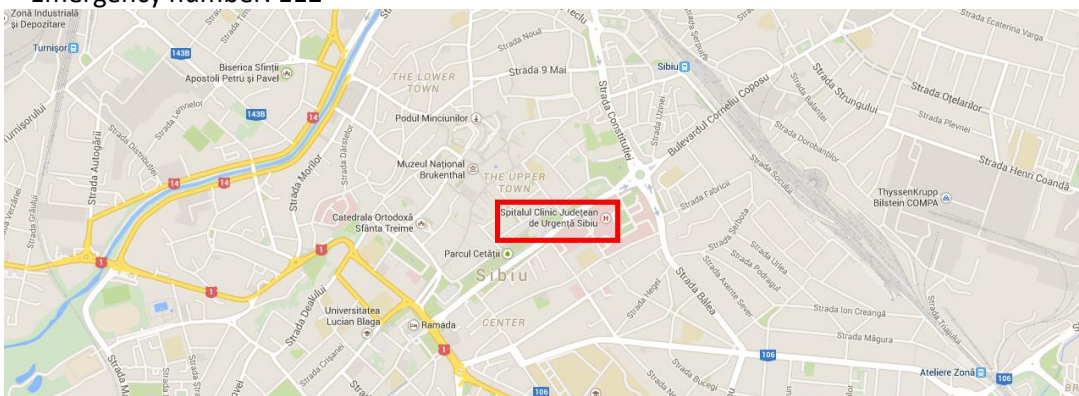
Spitalul Clinic Județean de Urgență Sibiu

Corneliu Coposu Boulevard, nr 2-4

Tel.: +40.269.21.50.50

[www.scjs.ro](http://www.scjs.ro)

Emergency number: 112



Nearest airport

Sibiu International Airport

Sos. Alba-Iulia Nr.73

Tel.: +40.269.25.31.35, +40.269.25.39.84

[www.sibuiairport.ro](http://www.sibuiairport.ro)

Accommodation options:

<b>Perla Paltinisului</b> T: +40374007722 <a href="mailto:contact@perla-paltinisului.ro">contact@perla-paltinisului.ro</a> <a href="http://www.perla-paltinisului.ro">www.perla-paltinisului.ro</a>	<b>Hohe Rinne Paltinis Hotel &amp; Spa</b> T: +40269215000 <a href="mailto:hoherinne@hoherinne.com">hoherinne@hoherinne.com</a> <a href="http://www.hoherinne.com">www.hoherinne.com</a>
<b>Hotel Cindrel</b> T: +40269574056, 57 <a href="mailto:hotel.cindrel@yahoo.com">hotel.cindrel@yahoo.com</a> <a href="http://www.hotelcindrel.ro">www.hotelcindrel.ro</a>	<b>Pensiune Vila Romana Paltinis</b> T: +40740817827 <a href="mailto:rezervari@vilaromanapaltinis.ro">rezervari@vilaromanapaltinis.ro</a> <a href="http://www.vilaromanapaltinis.ro">www.vilaromanapaltinis.ro</a>
<b>Hostel Cabana Nora</b> T: +40725038868 <a href="http://www.hostelnora.ro/">www.hostelnora.ro/</a>	<b>Castelul de Piatra</b> T: +40741088072 <a href="mailto:contact@casteluldepiatra.ro">contact@casteluldepiatra.ro</a> <a href="http://www.casteluldepiatra.ro">www.casteluldepiatra.ro</a>
<b>Casa Vis Implinit Paltinis</b> T: +40722 228 430; +40731 504 338 <a href="http://www.vis-implinit.ro/">www.vis-implinit.ro/</a> <a href="http://www.visimplinitpaltinis.ro">www.visimplinitpaltinis.ro</a>	<b>Vila Creasta Cocosului</b> T: +40758 518 279 <a href="mailto:contact@creasta-cocosului.ro">contact@creasta-cocosului.ro</a> <a href="http://www.creasta-cocosului.ro">www.creasta-cocosului.ro</a>
<b>Pensiunea Rafael</b> T: +40 269574100; +40 732 142 300 +40 737 736 413 <a href="mailto:contact@pensiunea-rafael.ro">contact@pensiunea-rafael.ro</a> <a href="http://www.pensiunea-rafael.ro">www.pensiunea-rafael.ro</a>	<b>Pensiunea Alpina</b> T: +40756305958; +40720998662 <a href="http://www.pensiuneaalpina.ro">www.pensiuneaalpina.ro</a>
<b>Pensiunea Victoria</b> T: +40 728 303 852 <a href="mailto:contact@victoria-paltinis.ro">contact@victoria-paltinis.ro</a> <a href="http://www.victoria-paltinis.ro">www.victoria-paltinis.ro</a>	<b>Bujorul de Munte</b> T: +40722193055 <a href="mailto:info@bujoruldemunte.ro">info@bujoruldemunte.ro</a> <a href="http://www.bujoruldemunte.ro">www.bujoruldemunte.ro</a>
<b>Raza de Soare</b> T: +40723522210 <a href="http://www.razadesoare.com">www.razadesoare.com</a>	<b>Pensiunea Edelweiss</b> T: +40747054062; +407224734 31 <a href="http://www.vila-paltinis-edelweiss.promotur.ro">www.vila-paltinis-edelweiss.promotur.ro</a>
<b>Vila Fulg de Nea</b> T: +40742.012.260; +40742012254 <a href="http://www.romania-turistica.ro/Cazare-Paltinis/Casa_de_Vacanta-Fulg-de-Nea">www.romania-turistica.ro/Cazare-Paltinis/Casa_de_Vacanta-Fulg-de-Nea</a>	<b>Cabana Rustic</b> T: +40744120747; +40740066573 <a href="http://www.carta.ro/cazare-paltinis/cabana-rustic">www.carta.ro/cazare-paltinis/cabana-rustic</a>
<b>Cabana Roua Tur</b> T: +40744529287 <a href="http://www.carta.ro/cazare-paltinis/cabana-roua-tur">www.carta.ro/cazare-paltinis/cabana-roua-tur</a>	<b>Vila Paltinis</b> T: +40742547770 <a href="http://www.carta.ro/cazare-paltinis/vila-paltinis">www.carta.ro/cazare-paltinis/vila-paltinis</a>

**Sibiu** is one of the most important cultural centres of Romania and was designated the European Capital of Culture for the year 2007, along with the city of Luxembourg. Formerly the centre of the Transylvanian Saxons, the old city of Sibiu was ranked as "Europe's 8<sup>th</sup> most idyllic place to live" by Forbes.

The city administers the Păltiniș ski resort.

**Păltiniș** is a mountain resort in Transylvania, Romania, 35 km south-west from Sibiu in the Cindrel Mountains.

It is situated at 1440 m altitude, being the highest resort in Romania. It lies in a conifer forest. It is a popular winter destination and in summer it is sought for its peacefulness. It is well known for its fresh air and for the easily accessible trekking routes.

It was founded by an association – Siebenbuergischer Karpatenverein (S.K.V.) – in 1894 and three villas from that period still exist. Currently there are 4 hotels, 6 chalets and 17 villas and an increasing number of private holiday houses.

At the entrance in the resort, there is a Romanian Orthodox monastery; the place where the Romanian philosopher Constantin Noica spent the last period of his lifetime.

Formally, it is a village administered by the city of Sibiu, although it lies on territory that is not contiguous with the city itself.

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## **Contact**

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[www.triadamtb.ro](http://www.triadamtb.ro)